

# THE LOOP

A COLLECTION OF STORIES FROM AROUND CALIFORNIA

**AUGUST 2021** 

ISSUE 99

**VOLUME 7** 



During the last year and a half, all of us have experienced many changes in the way we go about life. There have been many unanticipated and unimaginable things that have happened. As we continue to move through these uncertain times, I wanted to reach out to you, our amazing WestCare family, to offer support and guidance.

Across the country, the COVID-19 pandemic is having devastating effects. Without a question, our focus continues to ensure the health and safety of the communities we serve and call home. Every day, we see new information and actions being taken on local, national, and even global levels. The best we can do is to stay informed. Even more so, we must remember to extend understanding, empathy, patience, and care when we talk with one another. Many of our WestCare family members may be feeling scared, isolated, confused, and concerned about what is going on.

To our teams, our clients, family, and friends, we thank you for adjusting with us in this current reality. We take it as our civic duty to not fall into what many are calling "COVID fatigue." I am grateful to you all for going beyond yourself and out of your comfort zone to ensure everyone we come in contact with stays safe. It will take all of us to ensure we get through this pandemic. We will do it together!

To the right are some reminders of the guidelines we have in place at WestCare. They are compiled from our county and state guidelines given to us that we will continue to adapt and follow.



COO - Western Region



Wearing a face masks, covering your nose and mouth, helps slow the spread of COVID-19. They must be worn in all WestCare facilities



Everyone likes a little space. Provide some distance between you and others to prevent widespread transmission



Washing your hands for at least 20 seconds can keep you healthy and prevent spreading germs



Use hand sanitizer, with at least 60% alcohol, when soap and water isn't available.



Feeling sick? If you feel unwell or have symptoms of fever, cough or shortness of breath, stay home and consult your doctor



Take care of yourself. Find ways to relax and unwind. Remember to reach out to your support systems to share how you feel

Find the latest COVID-19 news at cdc.gov





















WestCare California, Inc.'s Custody to Community Transitional Reentry Program (CCTRP) in Stockton is a 45 day to two-year program for up to 50 high-risk female offenders with a focus on gender-responsive, trauma-informed services that assist them with reentry back into their communities.

CCTRP is designed to help women as they leave a correctional facility with up to two years left on their sentence. Our program provides services to address substance use disorders, anger management, parenting skills, criminal thinking, coping with grief, and family reunification.

CCTRP aims to foster a positive environment that facilitates change and reduces recidivism among the female inmate population. Participants are provided with opportunities to better themselves through vocational education, employment, education, and more - ensuring that they have the tools necessary to succeed and live happier, healthier, and more stable lives.





- · Fertilizer, soil and plants for the garden
- Pavers and stepping stones for the garden
- Sewing machines

seeking donations of:

· Fitness equipment

If you would like to make a donation, please contact charlene.ju@westcare.com or jennifer.zamorano@westcare.com

## Meet Alisa THIS IS HER STORY



Alisa Adams was one of the first four participants that assisted in the activation of CCTRP Stockton in April of 2016. She successfully completed the program as a Phase 4 participant when she was paroled in April of 2017. Since then, she has moved to Reno, NV, and has established a productive career as a Master Project Scheduler for a large painting contractor for the last four years. She was actually hired the day after she began parole! In May of 2019, she was successfully discharged from parole and continues to live a healthy and productive life with her family. She has been married for two years and just bought her second home. Ms. Adams believes that her success is a result of her participation in the CCTRP program and that overcoming a negative mindset and staying grateful daily are the keys to a healthy lifestyle.

#### **Giving Kudos in Stockton**



"Lynette Lewis has been a WestCare employee at CCTRP Stockton for the last four years. In addition to her numerous responsibilities at the program, she makes an effort to support her team whether it's filling in for duty at the CCTRP San Diego site or by putting in extra hours to ensure that the kitchen is operating accordingly. Thank you, Lynette!"

#### **Giving Kudos in Hanford**



"I wanted to show my appreciation to Audrey Lara, Journey Veteran Advocate, for all of her work over the past month. In the past week, she housed three Veterans and throughout the month of July and has spent \$57,137.56 in services for her clients!"

- Jasmine Wendels, Program Coordinator, SJVV (Hanford)



## SJVV (Fresno) and The Living Room Return to Community Outreach!

In early August, the staff of San Joaquin Valley Veterans (SJVV) and The Living Room officially resumed community outreach that had previously been halted by the COVID-19 pandemic! While taking the necessary precautions, our SJVV team in Fresno tabled at the National Night Out event to provide information on their housing, vocational, and support services for Veterans and their families. Meanwhile, a few days later, our team at The Living Room attended the August ArtHop event in Downtown Fresno to share information on their HIV/AIDS services as well as the upcoming 2021 Fresno AIDS Walk to be held virtually on Saturday, October 23! (For more information, please visit fresnoaidswalk.org) To both outreach teams, thank you for Uplifting the Human Spirit through your efforts, education, and advocacy!













### COMING UP IN SEPTEMBER:

National Recovery Month Suicide Prevention Month Self-Improvement Month

## Ready to participate?

You'll be receiving emails about how to participate to raise awareness on our social media pages







## Our Adolescent Services Expand With the SAMHSA Family TREE Grant!

In July, we were honored to receive a generous award in the form of a \$545K/five-year grant on behalf of SAMHSA (Substance Abuse and Mental Health Services Administration) to expand our Adolescent Services in Kings County! With this funding, we will be introducing the Family TREE (Treatment and Recovery Enhancement and Expansion) program!

Family TREE will provide early intervention, case management, outpatient treatment and rehabilitation, and wraparound services for an estimated 450 Kings County youth who are ages 12 to 18 and have a substance use disorder or co-occurring mental health disorder. If needed, additional support will be lent to their families as well, including linkages to substance use disorder treatment and/or Veterans services.

We look forward to the many additional lives that we will be able to impact for the better and would like to thank SAMHSA for joining us once again in Uplifting the Human Spirit!







Come join the WestCare Family!

Current job openings in California

#### North Highlands - STOP Area 1

Case Manager (2 openings)

#### Stockton - CCTRP

Maintenance

#### Richmond

Counselor

#### Madera - CPRS

• Case Manager, Law Enforcement

#### Fresno - Housing Services

Navigator - Warm Hand-Off

#### Fresno - The Living Room

Program Director

#### Fresno - MLK

- Therapist/Clinician
- · Training Coordinator
- Counselor Tech (Men's Unit)
- Certified Counselor (Men's Unit)

#### Fresno - Administration

- Receptionist
- Deputy Administrator

#### San Diego - CCTRP

- Facility Monitor (2 openings)
- Overnight Facility Monitor
- Maintenance
- Cook
- Clerical
- Clinical Manager LMFT

Apply online at careers.westcare.com

## **Our Strategic Plan 2021**

## **California**



Our Mission: WestCare empowers everyone with whom we come into contact to engage in the process of healing, growth and change benefiting themselves, their families, coworkers and communities.

Our Strategic Values

- Excellence
- Dedication

## **Our Strategic Priorities**

Uniquely serving the community as:



An accredited, licensed & qualified provider that provides evidencebased programming

**Build a solid Community** 

**Action Council (CAC)** 



A provider with a sound infrastructure & leadership



A strong & dedicated community partner that is well connected

Hire highly qualified staff & provide support for the

growing needs of current staff

## **Our Strategic Goals**

Improve program planning & monitoring processes using a data-driven approach







Continue to expand the continuum of care to meet the needs of those we serve even through the COVID-19 pandemic



Frank A. Scafidi, Ph.D. & Melissa A. Rhea, Ed.D./WestCare Professional Services Department

Our WestCare California, Inc. leadership recently gathered and completed our annual SWOT Analysis and Strategic Plan. It's our pleasure to share with you an infographic detailing our priorities moving forward for the year 2021 and the goals that we would like to accomplish as an organization! Thank you all for your hard work and continued commitment to Uplifting the Human Spirit!

**Connect with us in California** 

Get in touch with our Marketing Department to learn more about what is happening in WestCare California at marketing@westcare.com